# **COVID-19 Vaccination Toolkit**

Edition 7 - Tuesday 22nd June 2021

# A message to our community leaders

Dear colleagues and community representatives,

We have produced this toolkit to provide you and your communities with the most up-to-date information regarding the vaccine. Information within this toolkit can also be referred to when responding to enquiries you may receive from your community members. Please do share this toolkit and content widely.

Kindly note that the information in this toolkit is accurate as of Tuesday 22nd June 2021.

We thank you in advance for your assistance and support.

Kindest Regards,

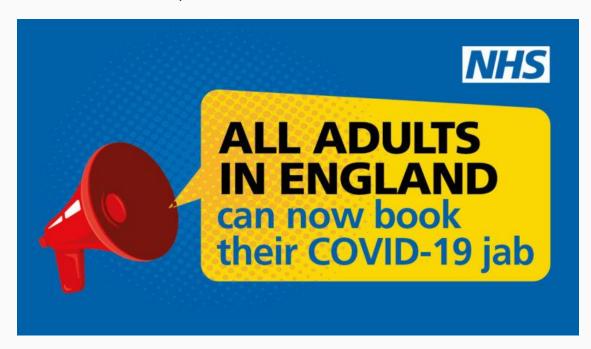
NHS Nottingham and Nottinghamshire Clinical Commissioning Group

# Key messages on the COVID-19 vaccination roll out

- 1. Those who are aged 18 and over are now eligible for vaccination.
- 2. If you are aged 18 or over, in an at risk group, a carer or a frontline health and social worker and have not yet had your first COVID-19 vaccination dose, you can drop-in to receive your vaccination at select vaccination sites without pre-booking an appointment. More information can be found on the <a href="CCG website">CCG website</a>. If preferred, you can also book ahead via the <a href="National">National</a> Booking Service or by calling 119.
- 3. Walk-in appointments are available from 8am to 8pm this Friday 25th, Saturday 26th, Sunday 27th and Monday 28th June at the main vaccination

sites and also at some of our community pharmacies too. This is for first doses for anyone over 18 and also second doses for anyone who had their first jab on or before 30<sup>th</sup> April.

- 4. Second dose appointments are being rescheduled for people aged 40 and over. Please wait to be contacted by the NHS. For more information, <u>click</u> here.
- 5. After having your first or second vaccinations, it is important that you continue to follow advice on 'Hands, Face, Space, Fresh Air' and adhere to all other restrictions to help control the virus and save lives.



#### COVID-19 vaccination walk-in weekend

Walk-in vaccination appointments are available for 12 hours a day on Friday 25th, Saturday 26th, Sunday 27th and Monday 28th June for first and second doses at all of our main sites. Sites include:

Queen's Medical Centre

King's Mill Hospital

Forest Recreation Ground

King's Meadow Campus

Gamston Community Centre

Ashfield Health Village

Newark Showground

Richard Herrod Centre

Mansfield Vaccination Centre (former Wickes site).

Plus also at some of our community pharmacies too.

This is for first doses for anyone aged 18 or over and also second doses for anyone who had their first jab on or before 30<sup>th</sup> April.

No appointment is needed, just turn up between 8am and 8pm on any one of those four days.

All these sites will have both Pfizer and Astra Zeneca available.

NHS Nottingham and Nottinghamshire CCG are requesting support in promoting the message about the vaccination weekend from representatives of communities that may have not been so fast to come forward for the vaccine. In particular men, members of the Black community and people from less affluent areas. Please contact <a href="mailto:nnccg.team.engagement@nhs.net">nnccg.team.engagement@nhs.net</a> if prominent members from community groups are available in advance of and over the weekend to share and distribute messages in your community areas to reassure and promote vaccination.

## Stay up to date with the COVID-19 vaccines

To read about the COVID-19 vaccinations including guidance on allergies and for those who are of childbearing age, pregnant or breastfeeding, visit this <a href="NHS">NHS</a> website.

Guidance has been updated following the Medicines and Healthcare products Regulatory Agency's (MHRA) new advice on a possible link between the Oxford-AstraZeneca vaccine and extremely rare blood clots. This leaflet is helpful in explaining the risks and benefits. You can read the latest guidance in full here.

# What happens on the day?

When you arrive at the site to be vaccinated, you will be asked to clean your hands with sanitiser. You will be provided with a new face mask and asked to wear it during your visit. Social distancing will also be in place.

Questions will be asked about your medical history and it is important that you inform staff if you are pregnant or if you have ever had a severe allergic reaction in the past.

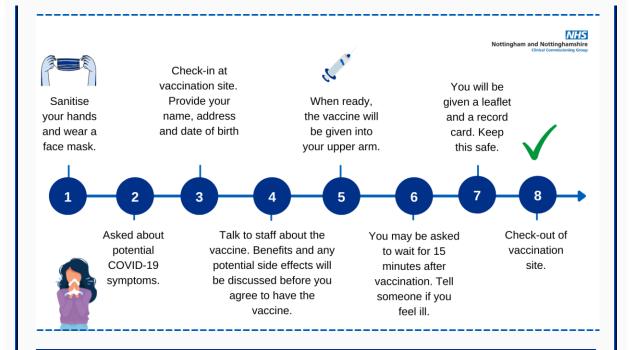
The vaccine will be given as an injection into your upper arm by a trained professional and you may be asked to wait for 15 minutes after having your vaccination.

You will be given a record card. Keep this safe.

According to <u>Government guidelines</u>, you should not attend a vaccine appointment:

- if you are self-isolating
- if you are waiting for a COVID-19 test
- or within 4 weeks of having a positive COVID-19 test.

More information on what happens at your appointment can be accessed here: What happens at your appointment - NHS (www.nhs.uk)



## What happens after receiving your vaccination?

Plan to attend your second appointment if you have not already.

It is important you receive both doses of the COVID-19 vaccination. The 1st dose should give you some protection from 3 or 4 weeks after you've had it. But you need 2 doses for stronger and longer-lasting protection.

In line with the latest guidance, the NHS is bringing forward when some people receive their second dose of the COVID-19 vaccination, if they haven't already had it.

Anyone aged 40 and over should now receive their second dose of the COVID-19 vaccine within 8 weeks of their first dose, if they haven't already had it.

You may have seen the news about different variants of Covid-19 circulating in some parts of the country. It is important that we quickly respond to this. This move will ensure you can get maximum protection from the virus earlier. To read more about this guidance and second doses, please click <a href="here">here</a>.

Information has been produced to inform you of what you can expect following your vaccination including the next steps after your first vaccine, potential side

effects and information on the protection received from the vaccination. You can access this information on the Government Website.



## Progress across Nottingham and Nottinghamshire

Figures as of 13th June 2021 show that we have administered 1,093,961 vaccinations across Nottingham and Nottinghamshire. A breakdown of the figures, alongside ONS population estimates, show vaccines have been administered to:

- -96% of people aged 80+
- -100% of people aged 75-79
- -98% of people aged 70-74
- -93.3% of people aged 65-69
- -98.5% of people aged 60-64
- -96.2% of people aged 55-59
- -90.5% of people aged 50-54
- -82.3% of people aged 45-49
- -85.4% of people aged 40-44
- -76.5% of people aged 35-39
- -68% of people aged 30-34
- -37.5% of people aged 25-29

-17.9% of people aged 16-24

You can access the latest local and national vaccination statistics on this <u>NHS</u> website.

## Frequently Asked Questions (FAQs)

Visit our website for <u>Frequently Asked Questions (FAQs)</u> with further information.

#### Accessible Information

Information on the COVID-19 vaccination and the booking process can be accessed on our <u>CCG website</u> in various languages. Translated leaflets are also available for the <u>guide for adults on the COVID-19 vaccination</u>, the guide for all <u>women of childbearing age, pregnant or breastfeeding</u> and <u>what to expect after a vaccination</u>.

Information in British Sign Language (BSL) can also be accessed here.

Information regarding the COVID-19 vaccine can be accessed in an <u>easy to</u> read format in different languages.

Easy read information can be accessed on:

What is Coronavirus

Who can catch Coronavirus

Who can get very poorly

What is the vaccine

Risks of not having the vaccine

How is the vaccine given

Who can have the vaccine

Having the vaccine

After the vaccine

Down's Syndrome Association have produced an easy read guide on the

COVID-19 vaccinations.

A collection of videos are available on the COVID-19 vaccine in Gujarati, Sylheti, Tamil, Urdu and Punjabi. A further collection of videos on the COVID-19 vaccine is available in multiple languages <a href="here">here</a>.

A collection of videos have also been produced in multiple languages discussing the importance of <u>COVID-19 vaccinations and diabetes.</u>

<u>Watch this video</u> of Amarjit explaining in Punjabi why she has received the COVID-19 vaccination in Nottingham.

Watch this video of Dr Nighat Arif explain what to expect when going for your COVID vaccine in Urdu and Punjabi.

### How to get a COVID-19 test?

About 1 in 3 people with COVID-19 do not have symptoms but can still infect others.

You should do a rapid test twice a week (every 3 to 4 days) to check if you have the virus. If people test positive and self-isolate, it helps stop the virus spreading.

Although vaccinated people will have more protection from COVID-19, not enough is known about the vaccine's impact on a person's ability to transmit the virus. Everyone who has received the vaccine should also continue to follow all infection prevention and control measures. Together, this will help manage infections.

#### About rapid tests

The test for people without symptoms of COVID-19 is called a rapid lateral flow test.

This usually involves rubbing a long cotton bud (swab) over your tonsils (or

where they would have been) and inside your nose.

The tests can give you a result in 30 minutes. They use a device similar to a pregnancy test and do not need to be sent to a lab.

You can do a rapid test at home or at a rapid lateral flow test site.

If you test positive, you and anyone you live with will need to self-isolate.

#### Who can get regular rapid tests

Anyone who does not have symptoms can now get regular rapid lateral flow tests to check for COVID-19.

Lateral flow device tests are not recommended for children under secondary school age.

If you have symptoms of COVID-19, you need a different test called a PCR test. Get a PCR test if you have symptoms of COVID-19 on GOV.UK

#### How to get regular rapid tests

Order tests online

- You can get a pack of 7 rapid tests sent to your home.
- If you do tests at home, you'll need to report your results online or on the phone.
- Order rapid lateral flow home test kits on GOV.UK

#### Collect tests to do at home

- You can collect up to 2 packs of 7 rapid tests from a local pharmacy or test site.
- If you do tests at home, you'll need to report your results online or on the phone.
- Find where to get rapid lateral flow tests

#### Go to a test site

You can get tested at a rapid lateral flow test site.

If you go to a test site:

- you may need an appointment, so check before you go
- a trained helper might be able to help you do the test
- you'll get a text or email with the result when it's ready
- Find where to get a rapid lateral flow test

You can also order by phone by calling 119. Lines are open 7am to 11pm and calls are free.

This information and more can be found at NHS LFD testing website

Information about local test sites can be accessed on the <u>Nottingham City</u> Council website and <u>Nottinghamshire County Council</u> website.

#### Other key resources

# The British Islamic Medical Association position on the COVID-19 vaccinations

After consulting with experts, the British Islamic Medical Association (BIMA) has recommended the Pfizer/BioNTech COVID-19 vaccine, the AstraZeneca COVID-19 vaccine and the Moderna vaccine for eligible individuals in the Muslim community for protection against COVID-19 when used according to MHRA authorisation. Read their full statements on the <a href="Pfizer/BioNTech">Pfizer/BioNTech</a> COVID-19 vaccine, the <a href="COVID-19 Vaccine AstraZeneca">COVID-19 Vaccine AstraZeneca</a> and the <a href="COVID-19 Vaccine Moderna">COVID-19 Vaccine Moderna</a>.

BIMA have also addressed some of the myths around the COVID-19 vaccine. You can read more on about this on the <u>British Islamic Medical Association</u> website.

#### **CCG Engagement Bulletin**

NHS Nottingham and Nottinghamshire CCG Engagement Team produce a monthly COVID-19 Summary Bulletin. A copy of the May version of the bulletin can be accessed <a href="here">here</a> which covers information on COVID-19, engagement opportunities, community information and important updates from the CCG. To

sign up to this COVID-19 Summary Bulletin, please email nnccg.team.engagement@nhs.net.

#### **Further enquiries**

The CCG is working closely with the local councils during the pandemic. The County Council are supporting us with managing requests for information and assistance related to the vaccine rollout so if you have any questions that are not answered by the information here please



contact enquiries@nottscc.gov.uk or call 0300 500 80 80.

If you have questions about the **COVID-19 vaccination programme:** 



enquiries@nottscc.gov.uk



**C** 0300 500 80 80

Vaccination appointments cannot be made via these contact details. Please wait for your NHS letter.















#### Our mailing address is:

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