

COVID-19 Vaccination Toolkit

Edition 10 - Thursday 14th October 2021

A message to our community leaders

Dear colleagues and community representatives,

We have produced this toolkit to provide you and your communities with the most up-to-date information regarding the vaccine. Information within this toolkit can also be referred to when responding to enquiries you may receive from your community members. Please do share this toolkit and content widely.

Kindly note that the information in this toolkit is accurate as of Thursday 14th October 2021.

We thank you in advance for your assistance and support.

Kindest Regards,

NHS Nottingham and Nottinghamshire Clinical Commissioning Group

Current COVID-19 vaccination roll out

1. All children aged 12-15 will receive a single dose of the vaccine. This is being delivered through the School Aged Immunisation Programme and schools will be in touch with parents directly to let them know when the vaccinations will happen. A method for parents to give their consent to this vaccination, accompanied by information to support that decision will be in place before any vaccinations take place. Any child who is not able to have their vaccine in a school-based clinic will be offered a vaccine at a later date. This will be arranged in due course and parents will be informed on how to arrange this. Parents or guardians do not need to contact their local GP or other NHS services, nor make an appointment through the National Booking Service. To read more, [click here](#). Further resources for eligible children and

young people can be found [here](#).

2. Those who are aged 12 – 15 and who have certain health

conditions and who are therefore eligible for vaccine should have received a letter or text invite to book at either Kings Mill Hospital or Queen's Medical Centre. Please note, you can only book into these clinics if you are classed as clinically vulnerable or immunosuppressed. If you have not received your letter please contact your GP.

3. If you are aged 16 or over, in an at risk group, a carer or a frontline

health and social care worker who has not yet had their vaccine, you can book by visiting the [national booking service](#) or by calling 119. You can also use our walk-in clinics without an appointment: [Find a walk-in coronavirus \(COVID-19\) vaccination site - NHS \(www.nhs.uk\)](#)

4. Third dose for individuals with immunosuppression. People who are immunosuppressed, aged 12 years and over, should have a third dose of the COVID-19 vaccine. This is not a booster, but a third dose to ensure that such people receive the same protection given by two doses for those with normal immune systems. Specialists working in hospitals as well as GP practices are working to identify patients and invitation letters are being sent out. People who are eligible can book using the Swiftqueue link provided in their letter, or by contacting the booking line, details of which are also included in the letter. People must bring their eligibility letter to the vaccination site to receive this third primary dose. Please note, you will still need to receive a booster dose six months from the date of your third primary course dose. To read more, [click here](#).



Vaccines are our best protection this winter.

It's easy for us to pass on COVID-19 or flu viruses without knowing. This winter there are two essential vaccines you'll need to protect yourself and your loved ones.

Find out if you're eligible now at nhs.uk/wintervaccinations

Booster programme

Booster vaccine doses are available on the NHS for people most at risk from COVID-19 who have already had their primary doses of vaccine. **You will be contacted by the NHS to let you know when it's your turn to have a booster dose.**

Eligible groups include:

- people aged 50 and over
- people who live and work in care homes
- frontline health and social care workers
- people aged 16 and over with a health condition that puts them at high risk of getting seriously ill from COVID-19
- carers aged 16 and over
- people aged 16 and over who live with someone who is more likely to get infections (such as someone who has HIV, has had a transplant or is having certain treatments for cancer, lupus or rheumatoid arthritis)

You'll be offered a booster dose at least 6 months after you had your second, primary dose (or after your third primary dose for those who are immunosuppressed).

Once invited, the public will be able to book an appointment at more than 50 sites across the region, including larger vaccination centres, pharmacies, or GP surgeries.

You can book your appointment online ([Book or manage a booster dose of the coronavirus \(COVID-19\) vaccine - NHS \(www.nhs.uk\)](#)) if:

- You are a frontline health and care worker
- You have been contacted by the NHS and you are aged 50 or over
- You have been contacted by the NHS and you are aged 16 and over with a health condition that puts you at risk of COVID-19.

If you are not a frontline health or social care worker, please wait to be contacted by the NHS before booking your booster dose.

If you are housebound: Those who received their first or second dose via the roving service will receive their booster jab either from a GP doing their home visit or the Roving team. This will vary depending on the practice and residents should wait to be contacted.

If a resident has recently become housebound, they will need to contact their GP surgery to register for a home visit.

To read more about the booster dose, [please click here](#).

To read about William's experience of the receiving the Booster vaccination [click here](#).



Vaccination sites

Vaccination sites across Nottingham and Nottinghamshire continue to offer walk-in appointments for first and second doses. Anyone 16 and over can see the latest opening times, or book an appointment, [online](#) or by calling 119.

More than 50 sites will be offering Covid-19 vaccines from the end of the month. This includes primary care community settings including 19 GP designated primary care sites and 30 community pharmacies, with further support from two large-scale vaccination centres in the Nottingham and Mansfield areas as well as two existing hospital vaccination hubs.

The Forest Recreation Site is temporarily closed in order to prepare it for the winter months ahead. The site closed on Tuesday 21st September. We expect the site to be closed for up to 4 weeks. Whilst the site is closed, alternative provision for first and second dose vaccinations is available locally at pharmacy sites and the Karimia Mosque (NG7 5JU). Information about nearby

sites, opening hours and how to book an appointment is available on the [NHS website](#).

Stay up to date with the COVID-19 vaccines

To read about the COVID-19 vaccinations including guidance on allergies and for those who are of childbearing age, pregnant or breastfeeding, visit this [NHS website](#).

COVID-19 vaccination in pregnancy:

The NHS is encouraging pregnant women to get the COVID-19 vaccine as new data shows that nearly 20 per cent of the most critically ill COVID patients are pregnant women who have not been vaccinated.

Data from Public Health England showed that over 81,000 pregnant women have received the first dose of the life-saving COVID jab, and around 65,000 have received their second dose.

Health chiefs are now calling on all expectant mums to get vaccinated to protect them and their baby against coronavirus.

Frequently Asked Questions and pre-recorded videos of Q+A sessions on vaccination and pregnancy, breastfeeding and fertility can be found on the [CCG website](#). Resources are available to encourage uptake of the vaccine for those who are pregnant including [a poster to address concerns](#) and [an information sheet and decision aid](#).

A further Q&A session is being arranged for pregnant women around vaccinations (including breastfeeding and fertility) in November 2021. Dates will soon be confirmed. If you would like to attend or if you have any questions on pregnancy and the vaccination that you would like answered at this session in November, please email nnccg.team.engagement@nhs.net.

Sophie is a newly expecting mum and a qualified midwife...

"I have seen some very poorly mothers, and babies having to be born pre-term, because of Covid-19. I have seen mums and babies having to be separated, which is heart-breaking."

- Sophie



What happens on the day?

When you arrive at the site to be vaccinated, you will be asked to clean your hands with sanitiser. You will be provided with a new face mask and asked to wear it during your visit. Social distancing will also be in place.

Questions will be asked about your medical history and it is important that you inform staff if you are pregnant or if you have ever had a severe allergic reaction in the past.

The vaccine will be given as an injection into your upper arm by a trained professional and you may be asked to wait for 15 minutes after having your

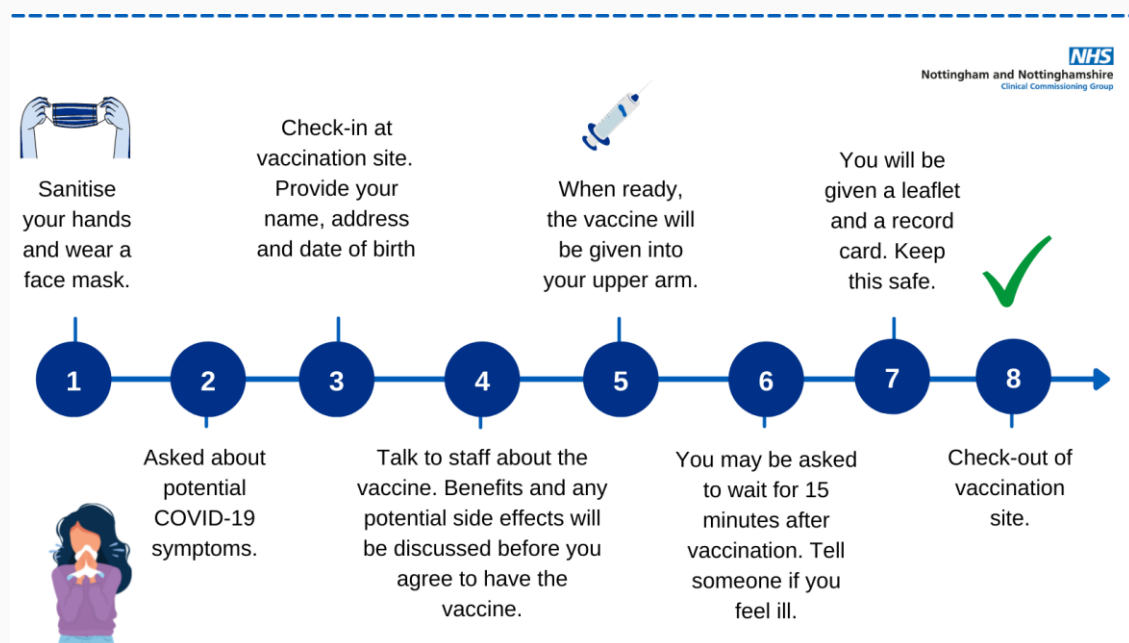
vaccination.

You will be given a record card. Keep this safe.

According to [Government guidelines](#), you should not attend a vaccine appointment:

- if you are self-isolating
- if you are waiting for a COVID-19 test
- or within 4 weeks of having a positive COVID-19 test.

More information on what happens at your appointment can be accessed here: [What happens at your appointment - NHS \(www.nhs.uk\)](https://www.nhs.uk/what-happens-at-your-appointment)



What happens after receiving your vaccination?

Plan to attend your second appointment if you have not already.

It is important you receive both doses of the COVID-19 vaccination. The 1st dose should give you some protection from 3 or 4 weeks after you've had it. But you need 2 doses for stronger and longer-lasting protection.

If you are aged 18 and over and have had your first dose 56 days (8 weeks)

ago, you can walk in to our sites for your second dose without an appointment. Find your nearest sites on www.nhs.uk/grab-a-jab.

Information has been produced to inform you of what you can expect following your vaccination including the next steps after your first vaccine, potential side effects and information on the protection received from the vaccination. You can access this information on the [Government website](#).

Progress across Nottingham and Nottinghamshire

Latest figures (8 December – 3 October) show in Nottingham and Nottinghamshire 6,390 first and second dose vaccines have been administered in the last week. In total, 1,412,900 vaccinations have now been administered with 677,303 of these being second doses. This means that 81 per cent of over 18s in Nottingham and Nottinghamshire have now received 2 doses.

A breakdown of the figures, alongside ONS population estimates, show vaccines have been administered to 93.5% of people aged 80+, 100% of people aged 75-79, 97.9% of people aged 70-74, 93.5% of people aged 65-69, 99.3% of people aged 60-64, 97.4% of people aged 55-59, 92.1% of people aged 50-54, 85.5% of people aged 45-49 and 90.3% of people aged 40-44, 85% of people aged 35-39, 81.7% of people aged 30-34, 65.1% of people aged 25-29, 69.3% of people aged 18-24.

Second doses have been administered to 91.9% of people aged 80+, 100% of people aged 75-79, 96.9% of people aged 70-74, 92.3% of people aged 65-69, 97.1% of people aged 60-64, 94.9% of people aged 55-59, 89.6% of people aged 50-54, 81.9% of people aged 45-49 and 84.8% of people aged 40-44, 78.2% of people aged 35-39, 73.2% of people aged 30-34, 56.1% of people aged 25-29, 57.6% of people aged 18-24

You can access the latest local and national vaccination statistics on this [NHS website](#).

Frequently Asked Questions (FAQs)

Visit our website for [Frequently Asked Questions \(FAQs\)](#) with further information.

Accessible Information

Information on the COVID-19 vaccination and the booking process can be accessed on our [CCG website](#) in various languages. Information about the walk-in vaccination offer is also available in 23 languages [here](#).

Translated leaflets are available for the [guide for adults on the COVID-19 vaccination](#), the guide for all [women of childbearing age, pregnant or breastfeeding](#) and [what to expect after a vaccination](#).

Information in British Sign Language (BSL) can also be accessed [here](#).

Information regarding the COVID-19 vaccine can be accessed in an [easy to read format in different languages](#).

Easy read information can be accessed on:

[What is Coronavirus](#)

[Who can catch Coronavirus](#)

[Who can get very poorly](#)

[What is the vaccine](#)

[Risks of not having the vaccine](#)

[How is the vaccine given](#)

[Having the vaccine](#)

[After the vaccine](#)

Down's Syndrome Association have produced an [easy read guide](#) on the COVID-19 vaccinations.

[A collection of videos](#) are available on the COVID-19 vaccine in Gujarati,

Sylheti, Tamil, Urdu and Punjabi. A further collection of videos on the COVID-19 vaccine is available in multiple languages [here](#).

A collection of videos have also been produced in multiple languages discussing the importance of [COVID-19 vaccinations and diabetes](#).

[Watch this video](#) of Amarjit explaining in Punjabi why she has received the COVID-19 vaccination in Nottingham.

[Watch this video](#) of Dr Nighat Arif explain what to expect when going for your COVID vaccine in Urdu and Punjabi.

How to get a COVID-19 test?

About 1 in 3 people with COVID-19 do not have symptoms but can still infect others.

You should do a rapid test twice a week (every 3 to 4 days) to check if you have the virus. If people test positive and self-isolate, it helps stop the virus spreading.

Even if you're vaccinated, there's still a chance you can pass COVID-19 on, so you should keep getting tested regularly.

Information about rapid lateral flow tests and how to access these can be found on the [NHS LFD testing website](#)

Information about local test sites can be accessed on the [Nottingham City Council](#) website and [Nottinghamshire County Council](#) website.

Your COVID Recovery

How long it takes to recover from COVID-19 is different for everybody. Many people feel better in a few days or weeks and most will make a full recovery

within 12 weeks. But for some people, symptoms can last longer. This is known as Post-COVID syndrome or long COVID and can affect your physical and mental health.

There is support available and lots of things you can do to help yourself. To read more, visit the [CCG website](#).

Flu Vaccine

Last year, because of social distancing, restricted international travel and mask wearing, flu levels were extremely low. This means a lower level of population immunity against flu is expected this year and it is expected that this winter will be the first winter in the UK when seasonal flu will co-circulate alongside Covid-19.

Flu vaccinations have already begun with many thousands of people coming forward. This year, people who are eligible include those aged 50 plus, two and three-year olds, school children up to year 11, pregnant women, health and care staff, people who are at risk (for example people with asthma and long term health conditions) and households of immunosuppressed people. Anyone eligible can get their jab through their GP or by going to a community pharmacist.

It is more important than ever that those who are eligible book in for their free flu jab. You can find more information about the flu vaccine and who should have it [here](#).

“

I had my free flu jab this year because I have a long-term health condition called Hypersensitivity Pneumonitis and Asthma. This means if I get flu I am more likely to be very poorly. The flu jab is the best protection.

”



Winifred Faulks

Other key resources

The British Islamic Medical Association position on the COVID-19 vaccinations

After consulting with experts, the British Islamic Medical Association (BIMA) has recommended the Pfizer/BioNTech COVID-19 vaccine, the AstraZeneca COVID-19 vaccine and the Moderna vaccine for eligible individuals in the Muslim community for protection against COVID-19 when used according to MHRA authorisation. Read their full statements on the [Pfizer/BioNTech COVID-19 vaccine](#), the [COVID-19 Vaccine AstraZeneca](#) and the [COVID-19 vaccine Moderna](#).

BIMA have also addressed some of the myths around the COVID-19 vaccine. You can read more on about this on the [British Islamic Medical Association website](#).

CCG Engagement Bulletin

NHS Nottingham and Nottinghamshire CCG Engagement Team produce a monthly COVID-19 Summary Bulletin. A copy of the October version of the bulletin can be accessed [here](#) which covers information on COVID-19, engagement opportunities and Placed Based Partnership Updates. To sign up


to this COVID-19 Summary Bulletin, please email nnccg.team.engagement@nhs.net.


Further enquiries

The CCG is working closely with the local councils during the pandemic. The County Council are supporting us with managing requests for information and assistance related to the vaccine rollout so if you have any questions that are not answered by the information here please contact enquiries@nottscg.gov.uk or call 0300 500 80 80.


Vaccination queries?

If you have questions about the COVID-19 vaccination programme:

 **enquiries@nottscg.gov.uk**

 **0300 500 80 80**

Vaccination appointments cannot be made via these contact details. Please wait for your NHS letter.



When will I get my NHS letter?

How will housebound people get vaccinated?



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