



# COVID-19 Vaccination Toolkit

Edition 11 - Friday 19th November 2021

Dear colleagues and community representatives,

We have produced this toolkit to provide you and your communities with the most up-to-date information regarding the vaccine. Information within this toolkit can also be referred to when responding to enquiries you may receive from your community members. Please do share this toolkit and content widely.

Kindly note that the information in this toolkit is accurate as of Friday 19th November 2021.

We thank you in advance for your assistance and support.

Kindest Regards,

NHS Nottingham and Nottinghamshire Clinical Commissioning Group

## Booster programme

The Booster programme is underway, and jabs are being offered to over 50s, people over 16 with a health condition that puts them at high risk of getting seriously ill from COVID-19 and health and social care workers. From Monday 22nd November those aged 40-49 will also be eligible.

The public are eligible for a booster dose if it's been at least 6 months (182 days) since their second dose of the vaccine.

Most people will be offered a booster dose of the Pfizer/BioNTech vaccine or Moderna vaccine. This means the booster dose may be different from the vaccines a person had for their 1st and 2nd doses. Some people may be offered a booster dose of AstraZeneca vaccine if they cannot have the Pfizer/BioNTech or Moderna vaccine.

### Key messages to the public:

1. You can book a booster jab on the [NHS website](#) or by calling 119.
2. We would encourage the public to book without delay, there are plenty of appointments available across the city and county.
3. There are dozens of sites across the city and county offering the booster dose, please go to the NHS website to find the most convenient site for you.

**If you are housebound:** Those who received their first or second dose via the roving service will receive their booster jab either from a GP doing their home visit or the Roving team. This will vary depending on the practice and residents should wait to be contacted.

If a resident has recently become housebound, they will need to contact their GP surgery to register for a home visit.

To read more about the booster dose, [please click here](#).

## Vaccination sites

We have arranged for there to be sites in all our major areas of population as well as prioritising areas where we saw lower uptake in the first phase of the vaccination programme. This means that we have more than 50 sites across our City and County offering convenient locations for our entire population. We have worked closely with local Councils and other stakeholders to ensure that we have the right sites in the right locations and in proportion with the population levels but are happy to take feedback on areas where it may be that the local population would benefit from an additional site.

A map of the vaccination sites can be seen below.

For a full list of the sites, you can visit: [How to get your vaccination - NHS Nottingham and Nottinghamshire CCG \(nottscg.nhs.uk\)](#)

# Your Local Vaccination Sites.



Nottingham &  
Nottinghamshire

## Large Vaccination Sites

- 1** King's Mill Hospital  
Mansfield Road, Sutton-in-Ashfield  
NG17 4JL
- 2** Mansfield Vaccination Centre  
Chesterfield Road, Mansfield  
NG19 7BH
- 3** Forest Recreation Ground Vaccination Centre  
Forest Recreation Ground, Gregory Blvd  
Nottingham  
NG7 6AQ
- 4** Queen's Medical Centre  
A Floor, South Block  
Derby Road, Lenton  
Nottingham

GP Practices  
Pharmacies



## First and second doses

**1. All children aged 12-15:** Schools are being visited in turn, with the dates of the visits confirmed about a week in advance – parents will be contacted prior to the team visiting their child's school. Parents will be asked to provide consent for their child to receive the vaccination, either through an online or a paper form.

Vaccinations for 12-15-year olds are also available at certain vaccination clinics, which are being held out of school hours. Parents can book an appointment at these clinics, which are at the Mansfield Vaccination Centre,

King's Mill Hospital Vaccination Hub or the Forest Recreation Ground Vaccination Centre. Parents or guardians should attend the appointment to give their consent.

- You can book an appointment at these clinics on the [NHS website](#).
- You can walk into the sites without an appointment during certain hours, check the site opening times on the [NHS Website](#). Please note that there are a limited number of walk in slots available.

Further resources for eligible children and young people can be found [here](#).

## **2. Those who are aged 12 – 15 and who have certain health**

**conditions** and who are therefore eligible for vaccine should have received a letter or text invite to book at either Kings Mill Hospital or Queen's Medical Centre. Please note, you can only book into these clinics if you are classed as clinically vulnerable or immunosuppressed. If you have not received your letter please contact your GP.

**3. If you are aged 16 or over, in an at risk group, a carer or a frontline health and social care worker** who has not yet had their vaccine, you can book by visiting the [national booking service](#) or by calling 119. You can also use our walk-in clinics without an appointment: [Find a walk-in coronavirus \(COVID-19\) vaccination site - NHS \(www.nhs.uk\)](#).

The Joint Committee for Vaccinations and Immunisations (JCVI) is advising that all 16 to 17 year olds who are not in an at-risk group should be offered a second dose of the Pfizer vaccine. The second vaccine dose should be given 12 weeks or more following the first vaccine dose.

Please note it will become mandatory for frontline NHS staff in England to be fully vaccinated against COVID by spring 2022.

**4. Third dose for individuals with immunosuppression.** The Government has announced that people who are immunosuppressed should have a third dose of the Covid-19 vaccine – this is not a booster, but a third dose to ensure that such people receive the same protection given by two doses for those with normal immune systems.

Letters are being sent from specialist teams at the hospitals to invite those

eligible to receive their vaccine. People who are eligible can then walk into any of our vaccination sites with their eligibility letter to receive this third dose. These include: King's Mill Hospital, Mansfield Vaccination Centre, Forest Recreation Ground.

Please note, you will still need to receive a booster dose six months from the date of your third primary course dose. To read more, [click here](#). Please use the [GrabAJab](#) website to find site opening times.

**NHS**

# Top up your immunity this winter.



Vaccines are the best protection we have against dangerous viruses like flu and COVID-19. Find out if you're eligible for these two essential vaccines now at [nhs.uk/wintervaccinations](https://nhs.uk/wintervaccinations)

Stay up to date with the COVID-19 vaccines

To read about the COVID-19 vaccinations including guidance on allergies and for those who are of childbearing age, pregnant or breastfeeding, visit this [NHS website](#).

**COVID-19 vaccination in pregnancy:**

A virtual webinar is being arranged for pregnant women around vaccinations (including breastfeeding and fertility) on Thursday 25th November, 2021 at 1pm. To register for this webinar via Zoom, please click here: [https://us02web.zoom.us/webinar/register/WN\\_MakwdjifSkKvpe9w3eOq5w](https://us02web.zoom.us/webinar/register/WN_MakwdjifSkKvpe9w3eOq5w)

After registering, you will receive a confirmation email containing information about joining the webinar. If you have any questions or any specific access requirements to participate in these meetings, please email [nccq.team.engagement@nhs.net](mailto:nccq.team.engagement@nhs.net) at your earliest convenience.

Kindly note that this session will be recorded and shared widely following the event. The session will also be streamed live on the CCG YouTube Channel.

If you are unable to attend the session or if you would like to submit any questions for the panellists to answer during the session, then please email: [nccq.team.engagement@nhs.net](mailto:nccq.team.engagement@nhs.net).

Frequently Asked Questions and pre-recorded videos of previous Q+A sessions on vaccination and pregnancy, breastfeeding and fertility can be found on the [CCG website](#).

Resources are available to encourage uptake of the vaccine for those who are pregnant including [a poster to address concerns](#) and [an information sheet and decision aid](#).

### What happens on the day?

When you arrive at the site to be vaccinated, you will be asked to clean your hands with sanitiser. You will be provided with a new face mask and asked to

wear it during your visit. Social distancing will also be in place.

Questions will be asked about your medical history and it is important that you inform staff if you are pregnant or if you have ever had a severe allergic reaction in the past.

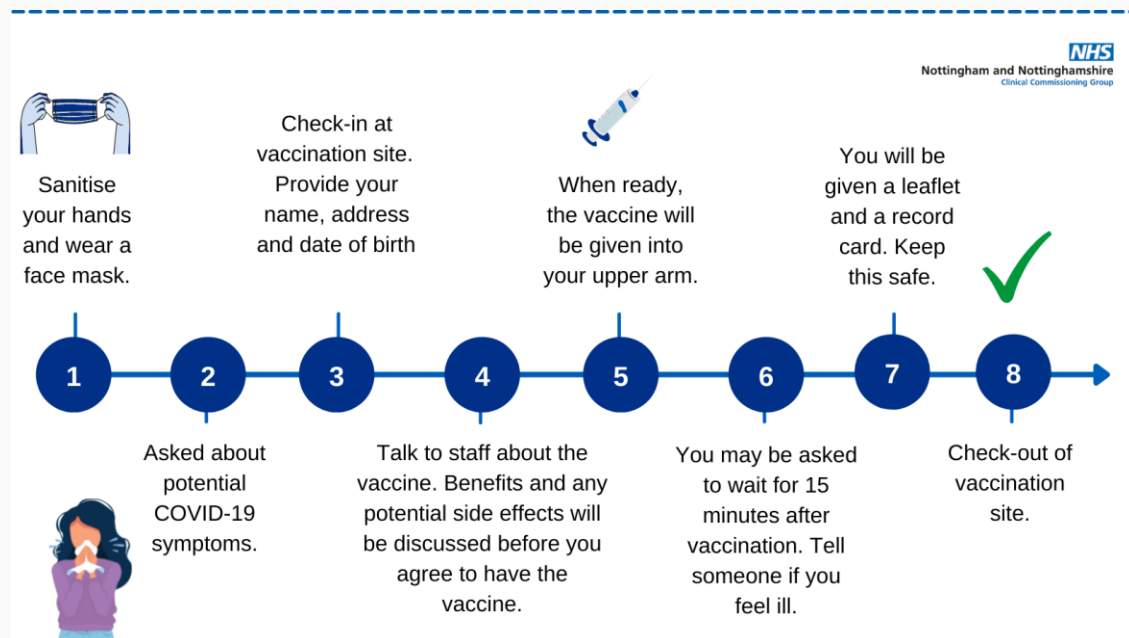
The vaccine will be given as an injection into your upper arm by a trained professional and you may be asked to wait for 15 minutes after having your vaccination.

You will be given a record card. Keep this safe.

According to [Government guidelines](#), you should not attend a vaccine appointment:

- if you are self-isolating
- if you are waiting for a COVID-19 test
- or within 4 weeks of having a positive COVID-19 test.

More information on what happens at your appointment can be accessed here: [What happens at your appointment - NHS \(www.nhs.uk\)](https://www.nhs.uk/what-happens-at-your-appointment)



What happens after receiving your vaccination?



Plan to attend your second appointment if you have not already.

It is important you receive both doses of the COVID-19 vaccination. The 1st dose should give you some protection from 3 or 4 weeks after you've had it. But you need 2 doses for stronger and longer-lasting protection.

If you are aged 18 and over and have had your first dose 56 days (8 weeks) ago, you can walk in to our sites for your second dose without an appointment. Find your nearest sites on [www.nhs.uk/grab-a-jab](https://www.nhs.uk/grab-a-jab).

Information has been produced to inform you of what you can expect following your vaccination including the next steps after your first vaccine, potential side effects and information on the protection received from the vaccination. You can access this information on the [Government website](#).

## Progress across Nottingham and Nottinghamshire

Latest figures (8 December – 7 November) show in Nottingham and Nottinghamshire 1,442,457 first and second dose vaccines have been administered. This means that 81.9 per cent of over 18s have now received 2 doses.

- 59.1 per cent of 18-29-year-olds have had two doses.
- 88.7 per cent of those aged 30 and over have had two doses.
- 33 per cent of 12-15-year-olds in Nottingham and Nottinghamshire have had one dose of the vaccine.

You can access the latest local and national vaccination statistics on this [NHS website](#).

## Frequently Asked Questions (FAQs)

Visit our website for [Frequently Asked Questions \(FAQs\)](#) with further information.

## Accessible Information

Information on the COVID-19 vaccination and the booking process can be accessed on our [CCG website](#) in various languages.

Translated leaflets are available for the [guide for adults on the COVID-19 vaccination](#), the guide for all [women of childbearing age, pregnant or breastfeeding](#), [a guide for eligible children](#) and [what to expect after a vaccination](#).

Information in British Sign Language (BSL) can also be accessed [here](#).

Information regarding the COVID-19 vaccine can be accessed in an [easy to read format in different languages](#). [An easy read guide for at risk children and young people](#) can be accessed on the Government website.

Easy read information can be accessed on:

[What is Coronavirus](#)

[Who can catch Coronavirus](#)

[Who can get very poorly](#)

[What is the vaccine](#)

[Risks of not having the vaccine](#)

[Having the vaccine](#)

[After the vaccine](#)

Down's Syndrome Association have produced an [easy read guide](#) on the COVID-19 vaccinations.

[A collection of videos](#) are available on the COVID-19 vaccine in Gujarati, Sylheti, Tamil, Urdu and Punjabi. A further collection of videos on the COVID-19 vaccine is available in multiple languages [here](#).

A collection of videos have also been produced in multiple languages discussing the importance of [COVID-19 vaccinations and diabetes](#).

[Watch this video](#) of Amarjit explaining in Punjabi why she has received the

COVID-19 vaccination in Nottingham.

[Watch this video](#) of Dr Nighat Arif explain what to expect when going for your COVID vaccine in Urdu and Punjabi.

### How to get a COVID-19 test?

About 1 in 3 people with COVID-19 do not have symptoms but can still infect others.

You should do a rapid test twice a week (every 3 to 4 days) to check if you have the virus. If people test positive and self-isolate, it helps stop the virus spreading.

Even if you're vaccinated, there's still a chance you can pass COVID-19 on, so you should keep getting tested regularly.

Information about rapid lateral flow tests and how to access these can be found on the [NHS LFD testing website](#)

Information about local test sites can be accessed on the [Nottingham City Council](#) website and [Nottinghamshire County Council](#) website.

### Your COVID Recovery

How long it takes to recover from COVID-19 is different for everybody. Many people feel better in a few days or weeks and most will make a full recovery within 12 weeks. But for some people, symptoms can last longer. This is known as Post-COVID syndrome or long COVID and can affect your physical and mental health.

There is support available and lots of things you can do to help yourself. To read more, visit the [CCG website](#).

## Flu Vaccine

Flu vaccination is especially important this year because:

- more people are likely to get flu this winter as fewer people will have built up natural immunity to it during the COVID-19 pandemic
- if you get flu and COVID-19 at the same time, research shows you're more likely to be seriously ill
- getting vaccinated against flu will provide protection for you and those around you

If you've had COVID-19, it's safe to have the flu vaccine. It will still be effective at helping to prevent flu.

Due to COVID-19 it is more important than ever before that vulnerable groups receive the flu vaccine to make sure they are protected and reduce winter pressures on the NHS.

**People eligible for the vaccine include those who:**

- are 50 and over (including those who'll be 50 by 31 March 2022)
- have certain health conditions
- are pregnant
- are in long-stay residential care
- receive a carer's allowance, or are the main carer for an older or disabled person who may be at risk if you get sick
- live with someone who is more likely to get infections (such as someone who has HIV, has had a transplant or is having certain treatments for cancer, lupus or rheumatoid arthritis)
- frontline health or social care workers

**You can have the NHS flu vaccine at:**

- your GP surgery
- a pharmacy offering the service – find one here: [Find a pharmacy that offers the NHS flu vaccine - NHS \(www.nhs.uk\)](https://www.nhs.uk/flu-vaccine)

- your midwifery service if you're pregnant
- a hospital appointment

If you're eligible for the flu vaccine on the NHS, you'll be offered one that's most effective for you, depending on your age:

- Children's nasal spray vaccine
- adults aged 18 to 64
- adults aged 65 and over

The nasal spray vaccine contains small traces of pork gelatine. Parents can opt for their child to have their vaccination as an injection rather than a nasal spray. The flu injection does not contain porcine gelatine (pork). More details on how this can be requested can be found in this [Nottinghamshire County letter](#) or [Nottingham City letter](#). This information is also available in [other languages via video here](#).



### Other key resources

#### **The British Islamic Medical Association position on the COVID-19 vaccinations**

After consulting with experts, the British Islamic Medical Association (BIMA) has recommended the Pfizer/BioNTech COVID-19 vaccine, the AstraZeneca COVID-19 vaccine and the Moderna vaccine for eligible individuals in the

Muslim community for protection against COVID-19 when used according to MHRA authorisation. Read their full statements on the [Pfizer/BioNTech COVID-19 vaccine](#), the [COVID-19 Vaccine AstraZeneca](#) and the [COVID-19 vaccine Moderna](#).

BIMA have also addressed some of the myths around the COVID-19 vaccine. You can read more on about this on the [British Islamic Medical Association website](#).

### **CCG Engagement Bulletin**

NHS Nottingham and Nottinghamshire CCG Engagement Team produce a monthly COVID-19 Summary Bulletin. A copy of the November version of the bulletin can be accessed [here](#) which covers information on COVID-19, engagement opportunities and Placed Based Partnership Updates. To sign up to this COVID-19 Summary Bulletin, please email [ncccg.team.engagement@nhs.net](mailto:ncccg.team.engagement@nhs.net).

### **Further enquiries**

The CCG is working closely with the local councils during the pandemic. The County Council are supporting us with managing requests for information and assistance related to the vaccine rollout so if you have any questions that are not answered by the information here please contact [enquiries@nottscg.gov.uk](mailto:enquiries@nottscg.gov.uk) or call 0300 500 80 80.

## Vaccination queries?

If you have questions about the  
COVID-19 vaccination programme:

 [enquiries@nottscc.gov.uk](mailto:enquiries@nottscc.gov.uk)

 **0300 500 80 80**

Vaccination appointments cannot  
be made via these contact details.  
Please wait for your NHS letter.

When will I  
get my NHS  
letter?

How will  
housebound  
people get  
vaccinated?



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**Our mailing address is:**

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