Covid-19 Summary Bulletin:

Special Vaccination Edition

Issue 20 - Thursday 23rd December 2021

Please note the information in this bulletin is accurate as of 23rd December 2021

Get boosted now

The whole NHS is working at record speed to meet the new national mission to turbo-charge the COVID-19 booster programme and protect communities against the new Omicron variant, as well as being there for those who need care urgently.

A record number of vaccinations were administered in Nottingham and Nottinghamshire last week with more than 85,000 people receiving a life-saving jab.

The new national push has resulted in more appointments being available, more sites opening and hundreds of staff and volunteers being redeployed to help deliver more vaccinations and help the sites run smoothly.

The public are now being urged to book an appointment or walk into certain sites for a booster if they have not had one already. Local NHS bosses have confirmed there are more than 45,000 appointments available up until New Year's Eve with more being added every day.

Scientists have found that two doses do not give the protection we all need, so if you have not had a top-up get boosted now. You may experience a sore arm and feel a bit achy, but that is far better than being poorly for up to 10 days with Covid-19 and face the prospect of having more complications such as long-Covid.

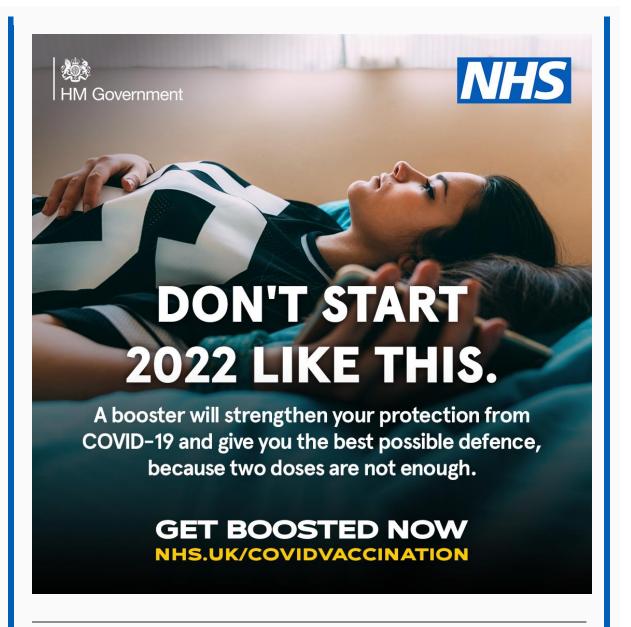
The public can book their booster on 119 or by visiting the <u>NHS website</u>. Or they can walk into the new walk-in venues which are:

- The Richard Herrod Leisure Centre Foxhill Rd, Carlton, Nottingham NG4 1RL
- The Victoria Health Centre Glasshouse St, Nottingham NG1 3LW
- The Newark Showground Lincoln Rd, Coddington, Newark NG24 2NY

*Our walk-in sites are open 9.30-4.30, 7 days a week. Please see below for varied opening times during the festive season.

<u>Information videos</u> on the booster vaccination can also be accessed in different languages.

It's also important for <u>eligible people to book their flu vaccination</u>. It's safe to have the flu and COVID-19 booster vaccines at the same time.

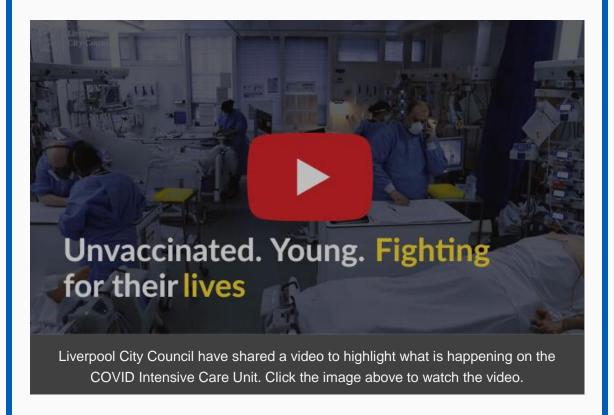


First and second dose of the COVID-19 vaccine

If you have not yet been vaccinated, you can book an appointment through the <u>National Booking Service</u> now. If you cannot book online, call 119 free of charge.

You can also get vaccinated at your nearest <u>vaccination walk-in</u> <u>centre</u> without the need for a pre-booked appointment.

As the Omicron variant continues to spread rapidly, we need everyone to play their part in the national mission to protect the country and to book their vaccine through the National Booking Service.



Third primary dose of the COVID-19 vaccine

People who are immunosuppressed should have a third dose of the COVID-19 vaccine – this is not a booster, but a third dose to ensure that such people receive the same protection given by two doses for those with normal immune systems.

Letters are being sent from specialist teams at the hospitals to invite those eligible to receive their vaccine. People who are eligible can then walk into any of our vaccination sites with their eligibility letter to receive this third dose. These include:

- King's Mill Hospital Vaccination Hub: Mansfield Road, Sutton-in-Ashfield, NG17 4JL
- Mansfield Vaccination Centre: Chesterfield Road, Mansfield, NG19
 7BH.
- Forest Recreation Ground Vaccination Site: Forest Recreation
 Ground, Gregory Blvd, Nottingham, NG7 6AQ

Please note, you will still need to receive a booster dose six months from the date of your third primary course dose.

If a person believes they are eligible for this third dose of the COVID-19 vaccine, but have not been contacted by the specialist team from the hospital they can contact their GP or hospital consultant to discuss eligibility and provision of an appropriate letter.

COVID-19 vaccination site opening times over Christmas and New Year

There are a number of places across the city and county delivering Covid-19 vaccinations over the festive period. Please find details of the opening times and how to book on the <u>CCG website</u>.



COVID-19 vaccine and pregnancy

You can be vaccinated against coronavirus (COVID-19) if:

- you're pregnant or think you might be
- you're breastfeeding
- you're trying for a baby or might get pregnant in the future

Vaccination remains the best way to protect against the known risks of COVID-19 in pregnancy for both mother and baby, including admission to intensive care and premature birth.

If you're pregnant and have not had a COVID-19 vaccine yet, it's preferable for you to have the Pfizer/BioNTech or Moderna vaccine.

This is because these vaccines have been more widely used during pregnancy in other countries and no safety concerns have been identified.

If you've already had the Oxford/AstraZeneca vaccine for your 1st dose and

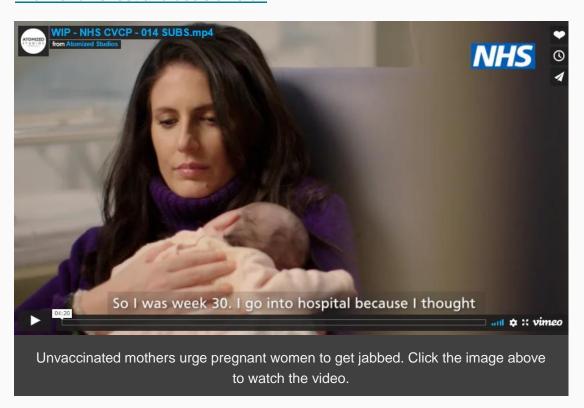
did not have any serious side effects, you should have it again for your 2nd dose.

The vaccines cannot give you or your baby COVID-19.

To read more about the COVID-19 vaccination for women of childbearing age and those currently pregnant or breastfeeding, <u>click here</u>. Information is also available in different languages via this webpage.

Frequently Asked Questions and pre-recorded videos of previous Q+A sessions on vaccination and pregnancy, breastfeeding and fertility can be found on the <u>CCG website</u>.

Additional resources are available to encourage uptake of the vaccine for those who are pregnant including <u>a poster to address concerns</u> and <u>an</u> information sheet and decision aid.



COVID-19 vaccine and children and

young people

Vaccinations for 12-15-year olds are available at certain vaccination clinics, which are being held out of school hours. You can either walk in or book an appointment at these clinics, which are being held at the Mansfield Vaccination Centre, King's Mill Hospital Vaccination Hub or the Forest Recreation Ground Vaccination Centre. Parents or guardians should attend the appointment to give their consent.

12-15-year-olds are being offered two doses 12 weeks apart, which will be of the Pfizer-BioNTech (Comirnaty) vaccine, this is the only vaccine currently authorised for this age group. The vaccine is safe, quick and effective. It does not give people the COVID-19 virus and does not contain any animal products. Children do not need to be registered with a GP or have an NHS number to be vaccinated.

You can book an appointment at these clinics on the NHS website.

OR

You can walk into the sites without an appointment during certain hours:

- Mansfield Vaccination Centre Tuesday and Thursday 4.30pm
 7.30pm
- King's Mill Hospital Monday Sunday 8am-7pm
- Forest Recreation Ground Monday and Wednesday 4.30pm-7.30pm

You should wait for 12 weeks after testing positive for Covid-19 before having your Covid-19 vaccination.

Children aged 12-15 at higher risk

Children aged 12-15 who are clinically vulnerable or at higher risk will be contacted to arrange their vaccination. Letters and texts are being sent to invite those eligible to book their vaccine.

People who are eligible can book using the swiftqueue link provided in their

letter, or by contacting the booking line, details of which are also included in the letter. People must bring their eligibility letter to the vaccination site to receive their vaccine.

If a person believes they are eligible but have not been contacted, they can contact their GP or hospital consultant to discuss eligibility and provision of an appropriate letter.

Further information on vaccinations for children and young people are available here, including information in different languages.

Health and social care providers unite to get patients home from hospital as COVID rates rise

The local health system across Nottingham and Nottinghamshire is working together and calling on families to help them get patients home safely once they are well enough to leave hospital.

As we see a rise in the Omicron variant of COVID-19, teams are working together to help protect elderly and vulnerable patients to get them home and safe as the surge in cases results in a spike in hospital admissions.

The new variant has also led to some care providers and health and care settings managing the additional demands and staff shortages.

Although the healthcare system is under pressure, discharge teams across Nottingham and Nottinghamshire health and social care are working together to help patients leave hospital sooner once they are well enough to help protect them and get them into a safer environment. Hospital is the best place for patients who are very unwell, but being at home in their own environment once they are well enough enables them to recover more quickly.

To read more, click here.

There's like home



Hospital is the best place for you when you are very unwell, but it isn't the best place to recover.

Join the NHS COVID-19 vaccine team

The NHS has been asked to offer all eligible adults over the age of 18 a booster vaccination by 31 December, as well as continuing the efforts to deliver first, second and third doses as people continue to take up the NHS' evergreen offer

To achieve this, the NHS needs your help and have reopened recruitment for

approximately 10,000 paid and 40,000 volunteer roles across the country, to join existing vaccine teams in protecting those who need it.

To read more about the opportunities, please click here: <u>Coronavirus » Join</u> the NHS COVID-19 vaccine team (england.nhs.uk)







Copyright © 2021 NHS Nottingham and Nottinghamshire CCG, All rights reserved.

Our mailing address is:

NHS Nottingham and Nottinghamshire CCG
Sir John Robinson House
Sir John Robinson Way
Arnold, Nottingham NG5 6DA
United Kingdom

If you have any further queries, kindly email nnccg.team.engagement@nhs.net

Want to change how you receive these emails? You can <u>update your preferences</u> or <u>unsubscribe from this list</u>.

This email was sent to << Email Address>>

why did I get this? unsubscribe from this list update subscription preferences

NHS Nottingham and Nottinghamshire Clinical Commissioning Group \cdot 1 Stanard Court \cdot Parkrow \cdot Nottingham, Nottinghamshire NG1 6GN \cdot USA

